

FOR IMMEDIATE RELEASE

Contact Information:

Grants Pass /Josephine County Bikeways and Walkways Committee
Darcy Englen, Committee Chair
541 474-0128 Home or 218-1593 Cell
Email: dnze@msn.com

Have pending proclamations at City Council and Josephine County to announce:

MAY IS BIKE MONTH

May 9th as Walk & Bike to School Day

MAY 14 - 18 - BIKE-TO-WORK WEEK

MAY 18th BIKE TO WORK DAY & RIDE WITH THE LEADERS

May 19th Bike Rodeo @ Wal-Mart Parking lot 9 AM to Noon



With spring in the air, the Bikeways Committee in conjunction with two organizations, want to recognize.

**League of American Bicyclists announce that
May is National Bike Month,
-and-**

**The Bicycle Transportation Alliance-
Walk & Bike to School Challenge.**



On Friday, May 18, a special event is planned; "Ride with our Leaders" is scheduled for 5:00 PM starting from City Hall at 6th and "A" Streets to the Reinhart Volunteer Park and to the start of Allen Creek Trail. We will be inviting the County Commissioners, City Council, Mayor, County Sherriff, Chief of Police, business owners and community members to join us on this event to show the value of this means of transportation.

We encourage everyone to Bike-to-Work or try cycling for fun, fitness or transportation.

Biking to work is an efficient and fun way to get the exercise you need, without having to find extra time to work out. And this year, with gasoline prices as high as they are, biking to work makes more sense than ever.

Following are some safety and other tips that will help you enjoy biking to work more.



Ride in the right-most lane that goes in the direction that you are travelling.



Obey all stop signs, traffic lights and lane markings.



Look before you change lanes or signal a turn; indicate your intention, then act.



Be visible and predictable at all times; wear bright clothing and signal turns.